

## Anne Conlan M.Ed. MCC

Anne Conlan, MCC is an Executive/Leadership Coach, Trainer, Facilitator and Speaker serving Federal Government and private industry clients. She has been coaching and training for the past 19 years and has been an ICF Master Certified Coach (MCC) since 2002.

Anne is a dynamic coach and trainer who is passionate about helping managers and executives increase their leadership effectiveness. In addition to Executive Coaching, Anne has served as adjunct faculty member at OPM's Eastern and Western Management Development Centers, the Graduate School and Management Concepts.

Anne has provided executive coaching and training services to many Federal agencies including; NASA, NIH, Environmental Protection Agency, Social Security Administration, Veteran's Administration, Department of Agriculture, Millennium Challenge Corporation, Bureau of Labor Statistics, Institute of Library and Museum Services, USPS, Internal Revenue Services, Office of Personnel Management, Department of Energy, National Park Service, NGA, NSA, FDA and DOJ

Anne is trained and certified in a variety of assessment instruments including: the OPM 360, Leadership Circle 360, Voices 360, MBTI, DISC, Strength finder, FIRO-B, and EQ-i,

Anne also holds certifications for training and coaching in the areas of Resilience Leadership, Emotional Intelligence, Change Management, PeopleMap, Communication Styles and MBTI. Prior to starting her coaching and training company in 1997, Anne spent 12 years as a business executive and eight (8) years as an Educator. Anne holds a master's degree in Education from the University of MD, College Park and is a Master Certified Coach through the International Coach Federation.

Anne is a native of Washington, DC and currently resides in the DC area. She gives back to the community through pro-bono coaching and serving on Board of the International Coach Federation's Metro DC Chapter.

### Skills

Executive Coaching, Leadership Development, Emotional Intelligence, Management Development, Workshop Facilitation, Leadership, MBTI, Team Building, Change Management, Training, Organizational Development, Employee Training, Executive Development, Consulting, Public Speaking, Career Development, Performance Management, Management, Organizational Design, Management Consulting, 360 Feedback, Conflict Resolution, Succession Planning, Employee Engagement, Organizational Design, Lifestyle Coaching, Culture Change, Business Development, Business Coaching, Career Management, Training Delivery, Staff Development, Personal Coaching, Resiliency, Talent Management, Employee Relations, Personal Development, Facilitators, Motivational Speaking, Career Counseling, Performance Improvement, Life Coaching, Instructional Design, Work Life Balance, Presentation Coaching, NLP, Leadership Coaching



### Areas of Expertise

Executive Coaching, Change Management, Resilience Leadership, Emotional Intelligence, People Map, Communication Styles, MBTI

### Industry & Sector Experience

Federal Government  
Private industry

### Functional Experience

Leadership Skills, Change Management, Resiliency, Emotional Intelligence, Myers Briggs, Team Building, The PeopleMap

### Certifications

MCC - Master Certified Coach - International Coach Federation  
The Leadership Circle 360 Profile Certification - The Leadership Circle  
Certified Resiliency Advantage Trainer - Dr. Al Seibert & the Resiliency Center  
Change Cycle/Change@Work Certified Trainer & Facilitator CCMC, Inc.  
Certified PeopleMap Trainer - PeopleMap Systems  
Certified ADD Coach, ADD Coach Academy  
Certified Emotional Intelligence Coach and Trainer - EQ@Work  
Certified Community Performance Coach - WV HUB  
Lominger Voices 360 - Korn Ferry International  
Lominger Leadership Architect 101 - Korn Ferry International  
Lominger viaEDGE Learning Agility Assessment

### Education

University of Maryland College Park MS, Education, 1975 - 1980  
University of MD College Park BS Education  
Bachelor of Science (BS), Education