

Barbara Smith, PCC

Certified graduate of an ICF-Accredited Coach Training Program (ACTP)

I have worked for ICF International as executive coach and consultant on numerous human capital projects for federal government agencies. She has extensive federal management experience in executive education, leadership coaching, and in a broad array of human capital management areas including staffing, recruitment, and performance management.

Types of Speaking Skills which she use while Coaching:

- Working with leaders at all levels, including aspiring leaders, Barbara listens keenly, asks thoughtful questions, gives insightful feedback, and creates a positive and supportive coaching relationship.
- Through coaching, leaders Barbara works with have set and implemented strategic goals, planned their own career transition, became effective mentors and delegators, implemented plans that expand their technical expertise, gained greater joy from work and managed work life-balance issues
- While grounded in theory and practical models, Barbara gets to the core of issues with ease, explore sustainable solutions, and encourage others to take actions that are effective.
- Using an integrated coaching approach that incorporates many areas of focus such as work, career, family, values and interests, Barbara's coaching methodologies stress clarifying coaching goals; using assessments and feedback, as appropriate; planning and taking action for change; and evaluating progress and outcomes.

Coaching methods:

- In person
- Telephone
- Skype

Specialties:

- Executive Coaching
- Business Coaching
- Leadership Coaching



Areas of Expertise

Executive Coaching
Organizational Development
Business Coaching
Leadership Coaching

Industry & Sector Experience

Private Sector
Public Sector

Functional Experience

Coaching/Leadership Development
Executive Coaching
Business Coaching

Certifications

Professional Certified Coach (PCC)
International Coach Federation (ICF)

Education

Professional Certified Coach (PCC)
International Coach Federation (ICF)